

# BATH HOUSE



SPA BLISS IN  
THE WIESERGUT



WIESERGUT



WELLNESS IN THE WIESERGUT

# WE CALL IT BLISS.

A quiet oasis in paradise, surrounded by pastures and meadows. In summer a rich green, in winter a white splendour. Indoors you'll find massage rooms, a cosmetics room, two private and a public sauna with a steam-bath, quiet room and tea lounge on three levels.



## ATTENTION TO DETAIL.

Well-tended brows and all-over smooth skin are a few of the little things that make a big difference.

### LASHES & BROWS

Lash tint\* | 15 minutes | 40 €

Brow tint\* | 10 minutes | 35 €

Brow shape\* | 10 minutes | 35 €

#### Package

Lashes & Brows

Tint & shape | 30 minutes | 75 €

### WAXING

Upper lip\* | 10 minutes | 25 €

Chin\* | 10 minutes | 25 €

Armpits | 15 minutes | 35 €

Bikini zone | 20 minutes | 55 €

Leg to knee | 30 minutes | 70 €

Full leg | 50 minutes | 135 €

Chest | From 20 minutes | From 55 €

Back | From 30 minutes | From 70 €

\*Combined with a facial treatment





## BE.

With these well-being treatments, your body will be re-balanced – let your thoughts flow. Give yourself your full attention!

### **MOUNTAIN SERENITY**

#### **For warmth and relaxation**

Using warm aromatherapy oils and plant extracts, this treatment enhances your power to regenerate, leading to deep relaxation. Jojoba wax particles melt on to the skin, making it silky smooth.

60 minutes | 155 €

### **FREE SPIRIT**

#### **Relax your head and calm your thoughts**

Ideal treatment for tension and headaches. Expert hands provide deep relaxation with a head, neck, shoulder and back massage with warm lavender oil. A neck pillow rounds off the treatment.

50 minutes | 145 €





# BODY & SOUL

## TREATMENTS

### DIVE IN.

The yearning for rest, relaxation and inner replenishment is growing. In the WIESERGUT BadHaus spa you get to relax by yourself, or together as a couple.

#### **SMOOTH**

##### **Optimum for intensive nourishment**

A luxurious body exfoliation providing silky soft skin. Afterwards a bespoke, exclusive cocktail of active ingredients is massaged in.

50 minutes | 145 €

#### **BALANCE**

##### **Ideal for detoxing**

Our detox peeling bath brings your acid-base into balance. Gently massaging in ginger oil stimulates detoxification and provides your connective tissues with new tonicity.

50 minutes | 145 €

#### **ABOVE THE CLOUDS**

##### **When your nerves need some bolstering**

A lavender oil massage is especially good in the evenings and is an effective sleeping aid. A head massage features in this treatment, providing deeper relaxation.

50 minutes | 145 €

#### **BODY WRAP\***

Detox and fat burning wrap for detoxification and skin tightening for stomach and legs. Three body wraps are recommended.

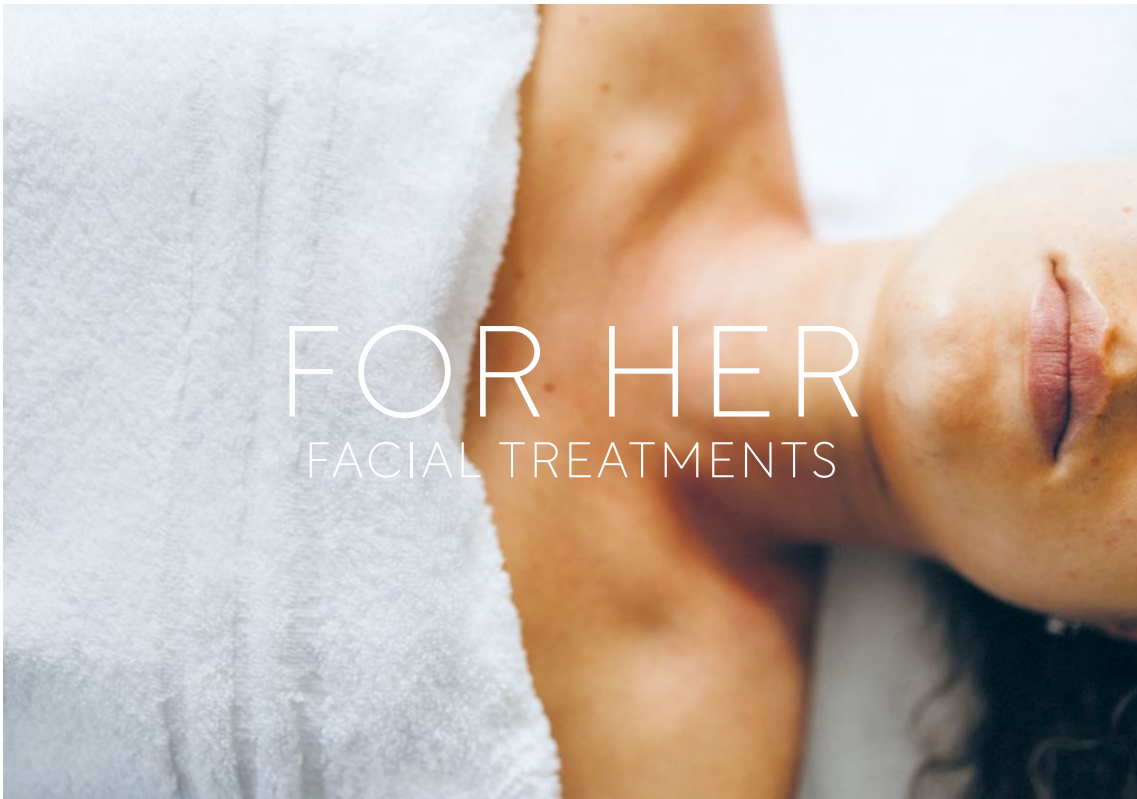
50 minutes

1 Wrap | 135 €

3 Wraps | 395 €

\*For best results team with a cupping massage





# FOR HER

## FACIAL TREATMENTS

### TIME FOR BEAUTY.

Our fine selection of effective facial treatments palpably get your skin into top form.

#### **THE GLOW**

**Your skin's glow returns**

The Glow Treatment helps your face look radiant and brightens your complexion. A signature facial massage augments your skin's tonicity and the highly concentrating mask provides additional tightening.

50 minutes | 165 €

#### **CLARITY**

**Detox Treatment**

The Facial Treatment re-establishes the skin's natural balance. This structure enhancing treatment concentrates intensively on deep cleansing and detox.

60 minutes | 185 €

#### **NATURAL LIFTING**

**Ideal training for your facial muscles**

Special massage and fascia techniques can help to sustainably enhance your skin's complexion. Targeted contraction of your facial muscles tightens these areas of your face.

60 minutes | 185 €

#### **SUNSHINE**

**To preserve your natural beauty**

Every skin is unique. A treatment that is tailored to suit your specific needs – for an even and radiant complexion.

75 minutes | 225 €

#### **IN NEED OF SOME WOW?**

**TDA is your booster for beautiful skin**

As a booster, the treatment is an ideal upgrade for each of our facial treatments – and inspires as a solo treatment too. Ask us for details!





## SELF CARE.

'Being able to do everything, yet having to do nothing' – that is our spirit. With that in mind, all our treatments can be wonderfully adapted to suit men's skin.

### **TDA FOR MEN\***

Selected active ingredients are atomized into micro-fine droplets using oxygen pressure.

The result: Firm, refined skin texture that gives the skin a fresh, hydrated look.

- Cleansing
- Active ingredient ampoule
- Hydra mask with pressure point massage

30 minutes | 130 €

### **DETOX FACIAL**

The Detox Treatment For Men: Provides a clear complexion, soothes the skin, and has anti-inflammatory effects.

- Cleansing
- Exfoliation
- Deep cleansing
- Mask

60 minutes | 185 €

### **BLINK OF AN EYE\*\***

The Eye Treatment focuses entirely on the eye area. A lifting mask is applied using circular motions:

- Firms & Refreshes

15 minutes | 45 €

### **SPORTS MASSAGE**

This classic massage tackles areas of muscular hardening and blockades using deep tissue techniques and stretches.

45 minutes | 155 €

60 minutes | 195 €

\*We recommend a TDA Perfect Face or Sunshine facial treatment or the Detox Facial Treatment beforehand.

\*\*Only in combination with a facial treatment





## ARRIVE.

And tend to the things which are sometimes overlooked at home. Hands shape our image, while our feet carry us all our lives.

### MANICURE

50 minutes | 115 €

60 minutes | 130 € (including nail polish)

### IMAGE BOOSTER

#### Intensive Care for the hands

A firming serum nourishes stressed skin. The pack which follows helps deeply channel in the active ingredients. Tip: The perfect addition to any treatment, as our hands are our calling card.

25 minutes | 70 €

### PEDICURE

50 minutes | 125 €

60 minutes | 140 € (including nail polish)

### HAPPY FEET

#### Intensive Care for the feet

A special oil moisturises the nails while the pack with active plant ingredients which follows helps make dry skin delicately tender. After being massed in, you will feel as though you are on Cloud Nine. Tip: The perfect extra for any treatment, since a foot pack is deeply relaxing.

25 minutes | 70 €





## HAPPY TOUCH.

Massages have an intense effect on us. In a short space of time they can work wonders for relaxation and kick start healing processes.

### LET GO

#### For anyone looking for relaxation

To arrive and unwind. Ensures deeper sleep and is useful for exhaustion. Pine essential oil lowers the pulse rate and regenerates body and mind. A massage with the WIESERGUT pine oil alleviates tension in the back, neck and head area. Warm pine compresses provide a deeply relaxing effect.

60 minutes | 155 €

### ANTI-STRESS

#### To re-balance

Alleviates bodily/mental tension and supports the metabolism. This gentle, calming treatment specifically targets the relaxation centres in the body. Soft grips and natural moor pillows stimulate the body's self-healing powers, until a feeling of ease pervades the body.

60 minutes | 155 €

### CUPPING MASSAGE\*

#### For a medicinal and beauty effect

Cupping glasses are used during this massage to alleviate areas of tension and stimulate lymph flow. By encouraging fat burning in the tissues, a cupping massage is used to treat cellulite. This treatment also tightens the tissues in the treated areas.

50 minutes | 135 €

### FRESH CALVES

#### Cramps have no chance

Accelerates regeneration after skiing, hiking, cycling and golf. The joints are mobilised, specific areas of muscle tension are eased. The cooling wrap applied afterwards alleviates pain and/or cramp and revitalises the legs.

50 minutes | 140 €

### FULL BODY MASSAGE

50 minutes: 135 € | 75 minutes: 190 €

### STRONG BACK

25 minutes: 75 € | 50 minutes: 135 €

### LYMPH DRAINAGE

25 minutes: 75 € | 50 minutes: 135 €

### FOOT REFLEX ZONE MASSAGE

25 minutes: 75 €

\*Optimally combined with a Body Wrap





# KIDS & TEENS

## TREATMENTS

“Cool – now  
it’s our turn!”

Luisa Kröll

### PLEASURE FOR KIDS & TEENS.

#### LUISA'S RECOMMENDATION

Our skin is especially delicate and sensitive. To remain healthy and fresh for a long time, it has to be protected and strengthened to withstand environmental influences.

#### FOR KIDS

##### Massage

20 minutes | 50 €

##### Short facial treatment

20 minutes | 50 €

##### Manicure

20 minutes | 50 €

##### Pedicure

20 minutes | 50 €

#### FOR TEENS

##### Massage

40 minutes | 99 €

##### Facial treatment

40 minutes | 99 €

##### Manicure

40 minutes | 99 €

##### Pedicure

40 minutes | 99 €





## TOGETHERNESS.

COUPLES, FRIENDS, MOTHER & DAUGHTER ...

The treatments in our private treatment room on the rooftop of the WIESERGUT BadHaus spa are a highlight for anyone who wants to share beautiful moments together with one another.

### WIESERGUT HAPPY HOURS

Happiness is the only thing that is twice as nice when it is shared. A glass of Champagne to get in the mood? Cheers!

After an exfoliation with an exceptional recipe, your skin looks fresh and radiant. Dive in to the lovely temperature of the open-air pool and, together, enjoy the tranquility or philosophise about the '50 shades of blue' in the sky. Followed by a wonderful full body well-being massage.

For 2 people  
2 glasses of Champagne,  
Tea and little treats included  
100 minutes | 550 €

### WIESERGUT EXPERIENCE

An oasis that helps you forget about the daily grind straight away, is located on our roof terrace. Raise a toast to the moment with a glass of Champagne and sink in to our bath with selected essences. Followed by a full body well-being massage.

For 2 people  
2 glasses of Champagne,  
tea and little treats included  
75 minutes | 450 €





## HIGH-TECH MEETS LUXURY.

Facial treatments that advance into the peripheral areas of medicine are very much on trend. TDA combined with active treatments for your skin.

### TDA-BIOBTX

#### The cosmetic alternative to Botox

Improve expression lines and enjoy beautifully defined facial contours with visibly smoother skin.

- AHA peel
- Active ingredient ampoule 1
- Active ingredient ampoule 2
- Hydra mask with pressure point massage

70 minutes | 285 €

### TDA PERFECT FACE

#### Non-invasive yet deep-acting

Reduces the signs of skin aging with intensive nutrient supply, for plump and smooth skin.

- AHA peel
- Active ingredient ampoule
- Hydra mask with pressure point massage

60 minutes | 245 €

### TDA TO GO\*

#### A beauty booster on the go

- Active ingredient ampoule
- Hydra mask with pressure point massage

30 minutes | 130 €

### TDA ADD-ONS\*\*

- Lip booster
- Eye lift
- Vitamin booster for nails
- Intensive nourishment for hands/feet

per 15 minutes | 69 €

### ACTIVE TREATMENTS

#### WIESERGUT Signature Facial Treatment

Personalized treatments for the following skin types:

- Regenerating
- Revitalizing
- Hyperpigmented
- Environmentally damaged
- Sensitive
- Inflamed

The treatment begins with an enzyme peel, followed by a tailored active ingredient concentrate, a specific active ingredient ampoule, and a skin-type-appropriate mask.

60 minutes | 299 €

\*\*In combination with a facial treatment

\*We recommend a TDA-BIOBTX or the Sunshine facial treatment beforehand



