



WIESERGUT  
BADHAUS



## ATTENTION TO DETAIL.

Well-tended brows and all-over smooth skin are a few of the little things that make a big difference.

### LASHES & BROWS

**Lash tint** | 20 minutes | 40 €

**Brow tint** | 15 minutes | 35 €

**Brow shape** | 15 minutes | 35 €

#### Package

Lashes & Brows

Tint & shape | 25 minutes | 75 €

### WAXING

**Upper lip\*** | 10 minutes | 25 €

**Chin\*** | 10 minutes | 25 €

**Armpits** | 15 minutes | 35 €

**Bikini zone** | 20 minutes | 50 €

**Leg to knee** | 30 minutes | 70 €

**Full leg** | 50 minutes | 120 €

**Chest** | From 20 minutes | From 50 €

**Back** | From 30 minutes | From 70 €

\*Combined with a facial treatment





## BE.

With these well-being treatments using the Susanne Kaufmann method, your body will be re-balanced – let your thoughts flow. Give yourself your full attention!

### WIESERGUT IN A BATH

Ideal for dreaming and for well-being

Our bath additions:

- for athletes
- for a good sleep
- for relaxation
- for detoxing

For yourself

25 minutes | 65 €

As a couple

25 minutes | 130 €

### PEACEMAKER

For warmth and relaxation

Using warm aromatherapy oils and plant extracts, this treatment enhances your power to regenerate, leading to deep relaxation. Jojoba wax particles melt on to the skin, making it silky smooth.

60 minutes | 155 €

### FREE SPIRIT

Take the weight off your mind and your head itself

Ideal treatment for tension and headaches. Expert hands provide deep relaxation with a head, neck, shoulder and back massage with warm lavender oil. A neck pillow rounds off the treatment.

50 minutes | 135 €





# BODY & SOUL

## TREATMENTS

### DIVE IN.

The yearning for rest, relaxation and inner replenishment is growing. In the WIESERGUT BADHAUS spa you get to relax by yourself, or together as a couple. Et voilà: our baths and packs!

#### SMOOTH

**Optimum for intensive nourishment**

A luxurious body exfoliation providing silky soft skin. Afterwards a bespoke, exclusive cocktail of active ingredients is massaged in.

50 minutes | 125 €

#### BALANCE

**Ideal for detoxing**

Our detox base bath brings your acid-base into balance. Gently massaging in ginger oil stimulates detoxification and provides your connective tissues with new tonicity.

50 minutes | 125 €

#### NIGHT EXPRESS

**When your nerves need some bolstering**

A lavender pack is especially good in the evenings and is an effective sleeping aid. A head massage features in this treatment, providing deeper relaxation.

45 minutes | 115 €

#### BODY WRAP\*

Detox and fat burning wrap for detoxification and skin tightening for stomach, legs and upper arms. Three wraps are recommended.

50 minutes

1 Wrap | 115 €

3 Wrap | 340 €

\*For best results team with a cupping massage







## TIME FOR BEAUTY.

Our fine selection of effective facial treatments using the Susanne Kaufmann method palpably get your skin into top form.

### THE GLOW

Your skin's glow returns. The Susanne Kaufmann™ Glow Treatment helps your face look radiant and brightens your complexion. This special fascia massage augments your skin's tonicity and the highly concentrating lifting mask provides additional tightening.

50 minutes | 150 €

### CLARITY

Toxins are removed from the skin, enabling it to breathe. The Susanne Kaufmann™ Alkaline Detox Signature Treatment re-establishes the skin's natural balance. This structure enhancing treatment concentrates intensively on deep cleansing and detox.

60 minutes | 175 €

### SUNSHINE

Every skin is unique. A treatment that is tailored to suit your specific needs – for an even and radiant complexion.

75 minutes | 215 €

### NATURAL LIFTING

Ideal training for your facial muscles. Special massage and fascia techniques can help to sustainably enhance your skin's complexion. Targeted contraction of your facial muscles tightens these areas of your face.

60 minutes | 175 €

### IN NEED OF SOME WOW?

TDA is your booster for beautiful skin. And as a booster, the treatment is an ideal upgrade for each of our facial treatments – and inspires as a solo treatment too. Ask us for details!





## SELF CARE.

'Being able to do everything, yet having to do nothing' – that is our spirit. With that in mind, all our treatments can be wonderfully adapted to suit men's skin.

### TDA FOR MEN\*

TDA (Transdermal Application) is the world's first dermatological, aesthetic treatment to channel active ingredients into deep skin layers without using needles – selected active ingredients are atomised using oxygen pressure in microfine droplets, penetrating the skin's barrier via a carrier medium. The result – the skin's moisture and nutrient stores are immediately visibly replenished.

30 minutes | 120 €

### CLARIFICATION NEEDED

A nourishing new start for your skin. The Susanne Kaufmann™ Alkaline Detox Signature Treatment For Men clarifies everything. Deep cleansing, including an enzyme exfoliation enables the skin to breathe. Lymph drainage and a healing clay mask start the regeneration process, making your complexion clear and dynamic. Any signs of tiredness and stress are eased.

50 minutes | 150 €

### BLINK OF AN EYE\*\*

For a fresh look at things. The Susanne Kaufmann™ Eye Treatment wholly concentrates on the eye area. A lifting masks that is worked in using circular movements, alleviates swelling and tightens the area around the eyes.

10 minutes | 30 €

### SPORTS MASSAGE

Tensions are tangibly kneaded away. This classic massage tackles areas of muscular hardening and blockades by stroking, rubbing, kneading, tapping and shaking.

45 minutes | 115 €

60 minutes | 150 €

\*We recommend a TDA Wow Face or the Sunshine facial treatment or the Clarification Needed treatment beforehand

\*\*Only in conjunction with a facial treatment







## ARRIVE.

And tend to the things which are sometimes overlooked at home. Hands shape our image, while our feet carry us all our lives.

### MANICURE

50 minutes | 105 €

60 minutes | 115 € (including nail polish)

### IMAGE BOOSTER

A hand pack nourishes the skin on your hands which is often overworked and nourishes them to help make them silky soft. A tightening serum nourishes the skin and lightens any spots of pigmentation. The pack which follows helps deeply channel in the active ingredients.

10 minutes | 30 €

### PEDICURE

50 minutes | 115 €

60 minutes | 125 € (including nail polish)

### HAPPY FEET

A foot pack provides intensive nourishment. A special oil moisturises the nails while the pack with active plant ingredients which follows helps make dry skin delicately tender. After being massed in, you will feel as though you are on Cloud Nine. Tip: The perfect extra for any treatment, since a foot pack is deeply relaxing.

15 minutes | 45 €





## HAPPY TOUCH.

Massages have an intense effect on us. In a short space of time they can work wonders for relaxation and kick start healing processes.

### LET GO

#### For anyone looking for relaxation

To arrive and unwind. Ensures deeper sleep and is useful for exhaustion. Pine essential oil lowers the pulse rate and regenerates body and mind. A massage with the WIESERGUT pine oil alleviates tension in the back, neck and head area. Warm pine shavings provide a deeply relaxing effect.

60 minutes | 155 €

### ANTI-STRESS

#### To re-balance

Alleviates bodily/mental tension and supports the metabolism. This gentle, calming treatment specifically targets the relaxation centres in the body. Soft grips and natural moor pillows stimulate the body's self-healing powers, until a feeling of ease pervades the body.

60 minutes | 155 €

### CUPPING MASSAGE\*

#### For a medicinal and beauty effect

Cupping glasses are used during this massage to alleviate areas of tension and stimulate lymph flow. By encouraging fat burning in the tissues, a cupping massage is used to treat cellulite. This treatment also tightens the tissues in the treated areas.

50 minutes | 125 €

### FRESH CALVES

#### Cramps have no chance

Accelerates regeneration after skiing, hiking, cycling and golf. A basic foot bath is followed by a vigorous leg and foot massage. The joints are mobilised, specific areas of muscle tension are eased. The cooling arnica wrap applied afterwards alleviates pain and/or cramp and revitalises the legs.

50 minutes | 140 €

### FULL BODY MASSAGE

50 minutes: 125 € | 75 minutes: 180 €

### STRONG BACK

25 minutes: 65 € | 50 minutes: 125 €

### LYMPH DRAINAGE

25 minutes: 65 € | 50 minutes: 125 €

### FOOT REFLEX ZONE MASSAGE

25 minutes: 65 €

### KINESIO TAPING

15 minutes: 45 €

\*Optimally combined with a Body Wrap







# KIDS & TEENS

## TREATMENTS

“Cool – now  
it’s our turn!”

Luisa Kröll

### PLEASURE FOR KIDS & TEENS.

#### LUISA'S RECOMMENDATION

Our skin is especially delicate and sensitive. To remain healthy and fresh for a long time, it has to be protected and strengthened to withstand environmental influences.

#### FOR KIDS

##### Massage

20 minutes | 45 €

##### Short facial treatment

20 minutes | 45 €

##### Manicure

20 minutes | 45 €

##### Pedicure

20 minutes | 45 €

#### FOR TEENS

##### Massage

40 minutes | 90 €

##### Facial treatment

40 minutes | 90 €

##### Manicure

40 minutes | 90 €

##### Pedicure

40 minutes | 90 €





## TOGETHERNESS.

COUPLES, FRIENDS, MOTHER & DAUGHTER ...

The treatments in our private treatment room on the rooftop of the WIESERGUT Badhaus spa are a highlight for anyone who wants to share beautiful moments together with one another.

### WIESERGUT HAPPY HOURS

Happiness is the only thing that is twice as nice when it is shared. A glass of Champagne to get in the mood? Cheers!

After an exfoliation with an exceptional recipe, your skin looks fresh and radiant. Dive in to the lovely temperature of the open-air pool and, together, enjoy the tranquility or philosophise about the '50 shades of blue' in the sky. Followed by a wonderful full body well-being massage.

For 2 people  
2 glasses of Champagne,  
Tea and little treats included  
100 minutes | 450 €

### WIESERGUT EXPERIENCE

An oasis that helps you forget about the daily grind straight away, is located on our roof terrace. Raise a toast to the moment with a glass of Champagne and sink in to our bath with selected essences. Followed by a full body well-being massage.

For 2 people  
2 glasses Champagne,  
tea and little treats included  
75 minutes | 350 €





## WOW EFFECT.

Facial treatments that advance into the peripheral areas of medicine are very much on trend. TDA is one such method. It channels active ingredients deep into the skin in an innovative manner.

### TDA-TREATMENTS

TDA stands for transdermal application and is the world's first dermatological, aesthetic treatment system to transport hyaluronic acid and anti-ageing active ingredients without the use of needles, using only the pressure from oxygen to penetrate deep into the skin.

### WOW FACE

#### Beauty to go

- Refined complexion with a rejuvenating 'Glow' effect
- TDA-AHA peel
- TDA-Oxygen+ Ampoules
- Hydra mask with pressure point massage

60 minutes | 230 €

### TDA TO GO\*

#### Beauty Booster for in between times

A speedy beauty enhancer: cleansing, exfoliation and TDA treatment using active ingredient ampoules to suit the specific skin type.

30 minutes | 120 €

### TDA ADD-ONS

- Lip booster
- Eye lift
- Vitamin booster for nails
- Intensive nourishment for rough hands/feet
- Glossy hair

je 15 minutes | 60 €

### TDA-CURE TREATMENT

#### Lifting booster in three stages

Three active ingredient preparations tailored to one another are channelled deep into the skin in three sessions using oxygen pressure.

3 x 30 minutes | 350 €

\*We recommend a TDA Wow Face or the Sunshine facial treatment beforehand





