



WIESERGUT
BADHAUS



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FOR HER FACIAL TREATMENTS

TIME FOR BEAUTY.

Our delicate selection of effective facial treatments based on the Susanne Kaufmann method is guaranteed to get your skin back in optimal shape with noticeable results.

THE GLOW

50 minutes | 125 €

Why? For naturally fresh and radiant skin. The Susanne Kaufmann™ Glow Treatment reduces fine lines, boosts your skin and makes a shining teint. The stimulating fascial massage enhances the elasticity of your skin, the highly concentrated lifting mask firms your skin and make you feel: Wow !

CLARITY

60 minutes | 140 €

Why? This treatment destresses the skin and allows it to breathe freely. The Susanne Kaufmann™ Alkaline Detox Signature Treatment allows the skin to return back to its natural balance. The structure-enhancing treatment focuses on deep cleansing and detoxification.

CLASSIC

75 minutes | 175 €

Why? Every skin is unique. The individually tailored treatment gets your skin back into optimal shape.

NATURAL LIFTING

40 minutes | 65 €

Why? Perfect training for your facial muscles. The special massage- and fascia techniques can help to drastically improve the skin texture. Targeted contraction of the facial muscles makes your face look tighter.

FANCY A WOW EFFECT?

Why? A boost for beautiful skin. The TDA treatment is the ideal upgrade to any of our facial treatments but also impresses as a solo treatment.

TDA stands for Transdermal Application, the world's first dermatological beauty treatment which can channel active ingredients down to the deepest layers of skin without using a needle.

FOR HIM TREATMENTS

SELFCARE.

Enjoy pure relaxation after a busy day – and place yourself in expert hands. A good idea, guaranteed!

NEED FOR CLARIFICATION

50 minutes | 115 €

Why? A nurtured and nourished new start for the skin. The Susanne Kaufmann™ Alkaline Detox Signature Treatment For Men makes everything clear. The deep cleansing incl. enzyme peel allows the skin to breathe freely. The lymph drainage and healing earth mask set the regeneration process in motion, leaving the skin looking clearer and more dynamic. Signs of stress and tiredness are wiped away after the treatment.

JUST A MOMENT

10 minutes | 25 €

Why? For a fresh new look at things. The Susanne Kaufmann™ Eye Treatment focuses entirely on the eye area. This lifting mask is worked into the skin with circular motions, reduces swelling and firms the eye area.

TDA FOR MEN

30 minutes | 80 €

Why? Because it works. TDA (Transdermal Application) is the world's first dermatological beauty treatment which can channel active ingredients down to the deepest layers of skin without using a needle: selected active ingredients are atomised into micro-fine droplets using compressed oxygen and break through the skin's barrier with the aid of a carrier substance. The result: the deposits of moisture and nutrients are immediately visible.

SPORTS MASSAGE

50 minutes | 85 €

75 minutes | 120 €

Why? Muscle tensions are kneaded with firm hand movements. This massage classic tackles knotted muscles and blockages: with stroking, rubbing, kneading, tapping and shaking motions. You determine the pressure.

Dear men

Our general philosophy is „everything can, nothing must“. Enjoy the freedom and be able to do whatever makes sense. This menu does not feature everything our spa has on offer for men. The selection is intended to be a first taste. And in these 'gender-free' times, there is no harm in taking a look around. Perhaps you might find your own personal spa adventure. The offers for ladies can be easily adapted to suit men and the massage, sport and body pack treatments anyway.

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TDA TREATMENTS

WOW EFFECT.

Facial treatments which cross over into the neighbouring field of medicine are particularly on trend. TDA is such a method. It draws on an innovative method to channel active ingredients deep into the skin. The most frequently asked question afterwards: "Have you had something done?"

HIGHLIGHT

TDA stands for Transdermal Application and is the world's first dermatological beauty treatment which can channel active ingredients down to the deepest layers of skin without using a needle. The secret to this non-invasive method: without using direct skin contact, the pores are opened wide using compressed oxygen and this allows the microfine droplets of the active ingredient to penetrate and be deposited deep down in the skin.

The feeling: as refreshing as a cool rush of mountain air. There is an active ingredients ampoule to suit every skin requirement. What TDA can achieve: balancing out any loss of moisture, tackling impurities, combatting skin ageing and protecting the skin from environmental influences. In each case, the treatment serves to soothe the skin.

The classic areas of application are the face, neck and décolleté. The hands too can be rejuvenated and even scars can be smoothed over. The effect is visible after just one treatment.

TDA EXPRESS

30 minutes | 90 €

The rapid beauty transformation: cleansing, peeling and TDA treatment using an active ingredients ampoule tailored to your skin type.

TDA COMPLETE

60 minutes | 175 €

The deluxe experience for your skin: cleansing, fruit acid peel ampoule with TDA pen, TDA treatment using an active ingredients ampoule tailored to your skin type, hydra or algae mask, pressure point massage plus final skincare treatment.

TDA ADD-ONS

15 minutes each | 50 €

Lip Booster

Eye Lift

Vitamine booster for nails

Intensive care for dry skin on hands and feet

Shiny hair

BEAUTY TREATMENTS

A PASSION FOR DETAIL.

Well-kept eyebrows and smooth skin across the whole body are all little things which make a big difference.

EYELASH TINT

15 minutes | 15 €

EYEBROW TINT

15 minutes | 15 €

EYEBROW SHAPING

15 minutes | 12 €

PACKAGE

**EYELASH & EYEBROW TINT
WITH SHAPING**

25 minutes | 30 €

TOP LIP WAX

10 minutes | 12 €

CHIN WAX

10 minutes | 12 €

ARMPIT WAX

15 minutes | 18 €

BIKINI ZONE WAX

20 minutes | 24 €

LEX WAX UP TO KNEE

20 minutes | 24 €

FULL LEG WAX

40 minutes | 48 €

CHEST WAX

20 minutes | 24 €

BACK WAX

30 minutes | 36 €

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HAND & FEET TREATMENTS

ARRIVE.

And focus on the things which sometimes get neglected at home. Our hands shape our image and our feet are the first step towards well-being.

MANICURE

50 minutes | 60 €

60 minutes | 70 € (incl. nail polish)

IMAGE BOOSTER

10 minutes | 25 €

Why? Because a professional treatment can make that big difference. A hand pack nourishes the stressed skin on the hands and soothes them, leaving them silky smooth. A smoothing serum nourishes the skin and lightens pigment spots while the final pack channels active ingredients deep into the skin.

PEDICURE

60 minutes | 70 €

75 minutes | 80 € (incl. nail polish)

HAPPY FEET

15 minutes | 35 €

Why? Because feet are all too often overlooked when it comes to skincare. The foot pack acts like an intensive skincare routine. A special oil moisturises the nails and the following pack containing plant-based active ingredients soothes and nourishes dry skin. Once it has been massaged in, you will feel like you are on cloud nine!

Tip: the perfect extra for any treatment because a foot pack always brings a sense of deep relaxation.

COUPLES TREATMENTS

TOGETHER.

Couples, friends, mother and daughter... our treatments in our private treatment room on the rooftop of the WIESERGUT Badhaus are a highlight for anyone looking to enjoy some wonderful moments and experiences together.

WIESERGUT HAPPY HOURS

120 minutes | 335 €

For 2 people

2 glasses of champagne,
tea and tasty treats included

Why? Because happiness is the only thing which doubles when shared. A glass of champagne to get in the mood? Cheers! Peak relaxation then awaits. After a peeling based on an exceptional recipe, the skin appears liberated, fresh and radiant. Submerge yourself in the pleasantly warm open-air pool and soak up the peace and quiet together or philosophise about the '50 shades of blue' in the skies above. Followed by a full-body wellbeing massage.

WIESERGUT EXPERIENCE

90 minutes | 260 €

For 2 people

2 glasses of champagne,
tea and tasty treats included

Why? To capture the magic of the moment. This oasis where you can forget all about everyday life is situated on our rooftop terrace. It is all yours for the next 1.5 hours. Toast the moment with a glass of champagne and settle down in a bath tub, complete with your selected essences. Followed by a full-body wellbeing massage.

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BODY TREATMENTS

JUST BE.

These well-being treatments based on the Susanne Kaufmann method bring your body back into balance – and your mind will follow. Treat yourself to some quality 'me time'.

PEACEMAKER

50 minutes | 85 €

Ideal: For anyone wishing to top up on warmth and relaxation. The Susanne Kaufmann™ Relax Treatment Body targets the whole body with its warm aromatherapy oils. Combined with active plant extracts, this massage treatment increases the body's powers of regeneration and leads to deep relaxation. While the body is gently stroked and massaged, Jojoba wax particles melt into the skin, leaving it irresistibly smooth.

FREE SPIRIT

50 minutes | 85 €

Ideal: Unburdens the body and mind. The Susanne Kaufmann™ Relax Treatment Head breaks down tensions and gets rid of headaches. Well-trained hands bring deep relaxation with a massage of head, neck, back and shoulders using warm sesame oil.

BODY & SOUL TREATMENTS

SUBMERSION.

The yearning for peace, relaxation and inner contemplation keeps growing. At the WIESERGUT Badhaus, you can relax either alone or as a couple. Et voilà – our baths and packs!

SMOOTH

50 minutes | 95 €

Ideal: for intensive care. The luxurious body peeling with coneflower, honey and plant-based hyaluronic acid removes dead skin, has a calming and regenerating effect. As care with a lasting effect, an exclusive product of the Susanne Kaufmann™ Line is massaged in.

BALANCE

75 minutes | 125 €

Ideal: for purification or for an unbalanced diet. An alkaline peeling ensures deep cleansing: It gently and thoroughly frees the skin from all kinds of stress. The detox base bath removes acids from the body through the skin and adjusts the acid-base balance. A gentle massage with ginger oil stimulates detoxification and gives the connective tissue new elasticity.

NIGHT EXPRESS

35 minutes | 60 €

Ideal: When you need a boost from your frayed nerves. The Susanne Kaufmann™ lavender pack is particularly effective in the evenings. The balancing essences help combat exhaustion and stress-induced stomach and digestive problems and are an effective sleep aid. Once applied, the body is covered and you can relax in the warmth with an accompanying head massage to enhance the relaxing effect.

WIESERGUT-BLISS

For 1 person | 25 minutes | 45 €

For 2 persons | 25 minutes | 75 €

Ideal: For sweet dreams and well being. All our natural bath additives have a deeply relaxing effect on the body and mind. We have the right essence for everyone - for winding-down after sport, for those who have difficulty sleeping or for those who simply want to relax deeply.

BABY BUMP PACK

25 minutes | 50 €

Ideal: to avoid and reduce stretch marks. The connective-tissue-strengthening mixture of cold-pressed, natural oils and effective arnica extract provides the skin under tension with plenty of moisture and care. A hand peeling and a hand massage accompany the exposure time.

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MASSAGE TREATMENTS

GET A GRIP ON HAPPINESS.

Massages touch us at a deep level. In just a short space of time, they can achieve a little relaxation miracle and kick start healing processes.

LET GO

60 minutes | 100 €

Ideal: Arrive and wind down. For anyone seeking some peace and quiet. Helps achieve a deeper sleep and soothes exhaustion. The stone pine has a calming effect. The essential oil from the coniferous tree notably reduces the heart rate, regenerates the body and mind and is the star of our signature treatment: a massage with the WIESERGUT stone pine oil relieves tensions in the back, neck and head area. Warm stone pine shavings are placed along the spine and on the solar plexus to enhance the deep relaxation effect.

ANTI-STRESS

60 minutes | 100 €

Ideal: Re-establishes balance. Breaks down any tensions in the body and soul and supports the metabolism. The gentle and soothing treatment targets the centres of relaxation in the body. It stimulates the body's powers of self-healing with soft and kneading motions until the body is flooded with a light sensation.

BACK STRENGTHENING

60 minutes | 100 €

Ideal: Boosts suppleness for those who live a sedentary lifestyle or do not have much time for sport. The full-body massage focuses on the shoulder and neck area where most tension gathers. No muscles are left out. A feeling of heavenly relaxation remains at the end.

EASY LEGS

50 minutes | 100 €

Ideal: Accelerates regeneration after skiing, hiking, biking or golf. It starts with a relaxing, alkaline foot bath, followed by a sporty leg and foot massage. It especially mobilizes the joints and relieves muscle tension. Finally, cooling arnica wraps relieve pain, relax and give the legs vitality and lightness.

OUR CLASSICS

FULL BODY MASSAGE

50 minutes | 80 €
75 minutes | 115 €

BACK-MASSAGE

25 minutes | 45 €
50 minutes | 80 €

LYMPH DRAINAGE

25 minutes | 45 €
50 minutes | 80 €

FOOT REFLEXOLOGY MASSAGE

25 minutes | 45 €

KINESIO TAPING

15 minutes | 20 €

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